

# Healthy Eating

Food Box

Chloe Iwaniw

**Box Program Manager**

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HEALTHY – AFFORDABLE - EFFICIENT

UNIT SIZE (oz.)	HEALTHY EATING BOX	UNITS PER BOX
15	Canned Fruit In Juice	2
15	Unsweetened Applesauce	1
15	No Salt Added Canned Vegetable	3
15	No Salt Added Canned Beans	2
4.5	EZO Canned Chicken	2
15	Low Sodium Pasta Sauce	1
15	Whole Grain Spaghetti	1
7.25	Macaroni & Cheese Box	2
14	Instant Oatmeal	1
6.5	Instant Mashed Potatoes	2
10.5	Reduced Sodium Condensed Soup	2
18	Peanut Butter	1
32	Shelf Stable 1% Milk	1

PALLETIZATION AND LOAD SPECS	
Cases per Pallet	80
Case Weight	17.1 lbs.
Pallets per FTL	28
Total Cases per FTL	2,240
Total Shipping Weight	40,971 lbs.

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UNIT SIZE (oz.)	HEALTHY EATING BOX	UNITS PER BOX
15	Canned Fruit In Juice	2
15	Unsweetened Applesauce	1
15	No Salt Added Canned Vegetable	3
15	No Salt Added Canned Beans	2
455	EZO Canned Tuna	2
15	Low Sodium Pasta Sauce	1
15	Whole Grain Spaghetti	1
7.25	Macaroni & Cheese Box	2
6.5	Instant Mashed Potatoes	2
5.3	Tuna Skillet Dinner	2
18	Peanut Butter	1
17.63	Bagged Cereal	1
32	Shelf Stable 1% Milk	1

PALLETIZATION AND LOAD SPECS	
Cases per Pallet	80
Case Weight	16.4 lbs.
Pallets per FTL	28
Total Cases per FTL	2,240
Total Shipping Weight	39,493 lbs.